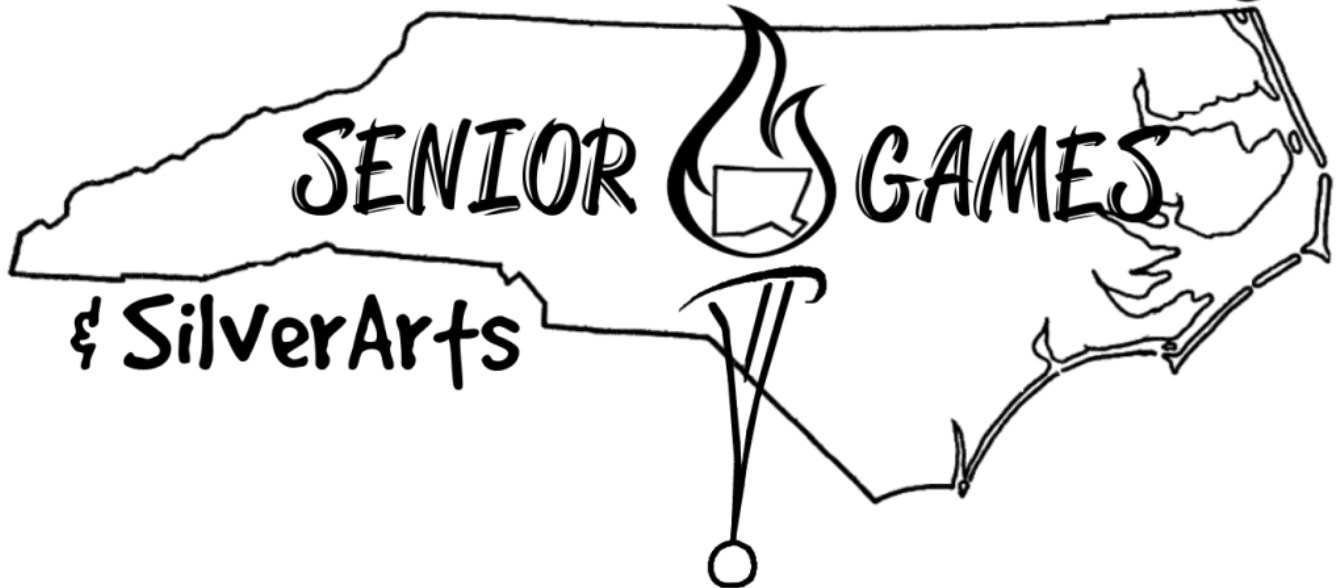


Chatham County



April 28 – May 12, 2023

EARLY BIRD REGISTRATION: March 3 – 17, 2023

REGISTRATION DEADLINE: March 31, 2023

Open to everyone age 50 and better!

Sponsors:

NC Division of Aging and Adult Services

Chatham County Council on Aging

Chatham County Parks & Recreation Department

Siler City Parks & Recreation Department

Local Games Coordinator

Liz Lahti (919) 542-4512 ext. 228

liz.lahti@chathamcountync.gov

Co – Coordinator

Mallory Peterson (919) 642-7086 ext. 3

mallory.peterson@chathamcountync.gov



*This program is sanctioned by North Carolina Senior Games, Inc.
NCSG, Inc. is sponsored statewide by the North Carolina Division of Aging and Adult Services.*

SilverArts Information

Guidelines for entries: All entries must be original works of the artist. Works must be created after age 50 and within the last 2 years. Participants may only submit one entry per sub-category.

Artwork entered in previous years will not be accepted. The Chatham County Senior Games and SilverArts reserve the right to refuse any art pieces or performance entries that would be deemed offensive by generally accepted community standards.

All participants must complete and submit the SilverArts Information Form, Liability Waiver and Registration Form with the registration fee. Artist's name and title of entry must appear on, or be attached to, entry for identification.

First, second and third place winners in the Visual and Heritage Arts category are eligible for the state competition. Literary Arts first and second place winners are eligible for the state competition and Performing Arts first place winners are eligible for the state competition.

Artwork must be dropped off at the Eastern Chatham Senior Center (365 NC Hwy 87 N, Pittsboro) or the Western Chatham Senior Center (112 Village Lake Rd., Siler City) from 10 am-12 pm on Monday, April 24! Artwork must be picked up from either Senior Center on Friday, May 12 from 10a.m.-12p.m.

If you have questions about SilverArts, please contact:

Coordinator, Marijane Whiteman at (919) 542-5645 or Co-Coordinator, Kathryn Walters at (919) 742-3975

Visual Arts: This category includes mixed media, oil, acrylics, drawing, watercolor, pastels, sculpture, and photography. The art piece must be an original, not a print. Works must be clearly labeled with name, address, phone number, medium, and title. Entries must be ready for hanging (including picture wire) and may not be larger than 36"x 42" (including matting and frame). Entries can be no heavier than 50 pounds.

Literary Arts: This category includes poetry, essays (non autographical), life experiences (autobiography) and short stories (fiction). All entries must be typed, double-spaced on 8-1/2 x 11 paper and have a minimum of 1" margins. A minimum font size is 10-point type (preferably Times New Roman or Arial). If you do not have access to a computer, contact the Chatham County Council on Aging for assistance. Poems may be no longer than 40 lines. Short stories, essays and life experiences can be no longer than 8 pages. All entries must have a title page, which includes title of entry, sub-category, and name of artist. It is recommended that you protect these works by inserting them in clear plastic or acetate folders.

Heritage Arts: This category includes quilting (hand stitched), quilting (machine stitched), crocheting, knitting, basket weaving, needlework, jewelry, pottery, stained glass, tole/decorative painting, weaving, woodcarving, woodworking and woodturning. All entries must be the work of one person, not a group effort. Works must be original; patterns may be used, but no stamped pieces will be accepted. Entries can be no heavier than 50 pounds. Framed works can be no larger than 36" x 42" including matting and framing. Indicate on the registration form the method of display for the work.

Performing Arts: This category includes comedy/drama, instrumental, dance, line dance and vocal (but not lip-synching) acts. Groups may be entered and all persons in the group must register as individuals and complete the official registration form. Include a brief description of the act on the SilverArts Information Form. Performing Arts entries have the option to be judged. Each act that would like to qualify for the state finals must be judged and must be limited to no more than three minutes. Props are the responsibility of the performer(s). The performance at State Finals must be the same performance that won at the Local Games, i.e. same song, dance, music, etc.

Artwork will be displayed at the West Chatham Senior Center from May 1-May 10, from 10am-3pm daily, including the Silver Arts Open House & Reception on Tuesday, May 2, at 10:30am.

Keep This Page

Official Entry Form

**Registration Deadline: All entries must be postmarked by
Friday, March 31, 2023!**

Chatham County Senior Games & SilverArts Competition

Friday, April 28 – Friday, May 12, 2023

Registration Checklist

Please Be Sure To:

1. Complete the **Registration Form** including the section marked “fees.”
2. All participants must read and sign the **Liability Waiver**.
3. Make check or money order payable to: **Chatham Council on Aging**
4. Return all of the above postmarked by **March 31, 2023 to:**

Chatham County Council on Aging

PO Box 715

Pittsboro, NC 27312

General Instructions

Senior Games and SilverArts participants must be 50 or older. A participant’s age on December 31, 2023, determines the age category in which they will compete. A participant must be a North Carolina resident for a minimum of 3 consecutive months of the year. Photo ID may be requested at events, and will be required of athletes who participate in the State Finals.

The Senior Games events are listed on the Registration Form. Most of them are divided into age groups for fair competition. For doubles and team events, the age group is determined by the age of the youngest member. The age categories are:

50-54	60-64	70-74	80-84	90-94	100+
55-59	65-69	75-79	85-89	95-99	

Each participant (including each team member) must submit an entry form along with the entry fee. This covers registration for as many events as you would like to enter, including SilverArts. There is an additional fee for Golf.

Participants receiving a first, second or third place award may be eligible for the State Finals, except for Literary and Performing Arts. State Finals Registration Forms will be distributed after each event and will be available at the Chatham County Council on Aging.

We will be glad to give a presentation about the Senior Games to any groups interested.

Please contact Senior Games Coordinator Liz Lahti

at the Chatham County Council on Aging for more information. (919) 542-4512 ext. 228

Please Print **Registration Form** Mail this Page

County of Residence _____ T-Shirt Size: S M L XL 2XL 3XL I do not want a shirt

First Name _____ Last Name _____ Date of Birth _____

Mailing Address: _____ City: _____ Zip: _____

Phone: (____) _____ Sex: Male Female Email Address: _____

_____ I would like to receive information from the Chatham County Council on Aging

List LOCAL emergency contact below:

Name: _____ Relationship: _____ Phone: _____

Please provide this information below. Answers are used for statistical purposes only and your answers are confidential.

Please circle one:

My ethnicity: African-American American Indian Asian Hispanic White Other I decline to answer

- | | |
|---|---|
| <input type="checkbox"/> ARCHERY | <input type="checkbox"/> TRACK 50 M dash |
| <input type="checkbox"/> BASKETBALL SHOOT | <input type="checkbox"/> TRACK 100 M dash |
| <input type="checkbox"/> BOCCE | <input type="checkbox"/> TRACK 200 M dash |
| <input type="checkbox"/> BOWLING Singles | <input type="checkbox"/> TRACK 400 M dash |
| <input type="checkbox"/> CORNHOLE | <input type="checkbox"/> TRACK 800 M |
| <input type="checkbox"/> CROQUET | <input type="checkbox"/> TRACK 1500 M Power Walking |
| <input type="checkbox"/> CYCLING 1 mile | <input type="checkbox"/> TRACK 5K Power Walking |
| <input type="checkbox"/> CYCLING 5 K | <input type="checkbox"/> TRACK 5K Run |
| <input type="checkbox"/> CYCLING 10 K | <input type="checkbox"/> TRACK Standing Long Jump |
| <input type="checkbox"/> FOOTBALL THROW | <input type="checkbox"/> TRACK Running Long Jump |
| <input type="checkbox"/> FUN WALK | |
| <input type="checkbox"/> DISC GOLF | |
| <input type="checkbox"/> GOLF (Greens fee, \$20 payable at course.) | |
| <input type="checkbox"/> HORSESHOES | |
| <input type="checkbox"/> PICKLEBALL Singles | |
| <input type="checkbox"/> PICKLEBALL Doubles (Partner's Name: _____) | |
| <input type="checkbox"/> PICKLEBALL Mixed Doubles (Partner's Name: _____) | |
| <input type="checkbox"/> SOFTBALL THROW | |
| <input type="checkbox"/> TABLE TENNIS | |
| <input type="checkbox"/> TABLE TENNIS Doubles (Partner's Name: _____) | |
| <input type="checkbox"/> TABLE TENNIS Mixed Doubles (Partner's Name: _____) | |

Golfers: To qualify for State Finals, golfers need to meet a minimum performance score (MPS) **and** finish in the top 3 in their age group. MPS is available from your Coordinator and the NCSG Rules Book on the NCSG website

SWIMMING: Swimmers may enter a maximum 6 swimming events

- | | |
|---|--|
| <input type="checkbox"/> 50 yd. Backstroke | <input type="checkbox"/> 100 yd. Individual Medley |
| <input type="checkbox"/> 50 yd. Breaststroke | <input type="checkbox"/> 200 yd. Backstroke |
| <input type="checkbox"/> 50 yd. Butterfly | <input type="checkbox"/> 200 yd. Breaststroke |
| <input type="checkbox"/> 50 yd. Freestyle | <input type="checkbox"/> 200 yd. Butterfly |
| <input type="checkbox"/> 100 yd. Backstroke | <input type="checkbox"/> 200 yd. Freestyle |
| <input type="checkbox"/> 100 yd. Breaststroke | <input type="checkbox"/> 200 yd. Individual Medley |
| <input type="checkbox"/> 100 yd. Butterfly | <input type="checkbox"/> 400 yd. Individual Medley |
| <input type="checkbox"/> 100 yd. Freestyle | <input type="checkbox"/> 500 yd. Freestyle |

- TENNIS Men's Singles
- TENNIS Women's Singles
- TENNIS Men's Doubles (Partner's Name: _____)
- TENNIS Women's Doubles (Partner's Name: _____)
- TENNIS Mixed Doubles (Partner's Name: _____)

For official rules, you can visit www.ncseniorgames.org and then you should see a link to the NCSG Official Rules Book.

SilverArts Information Form

Registration fee includes as many sporting events and SilverArts as you would like to enter

Visual Arts

Print the title, medium (oil, pen and ink, etc.), size and date completed. These must be ready for hanging.

Title	Medium	Size	Date Completed
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Literary Arts

Print the title, category (poem, essay, etc.), length and date completed. Please type double-spaced on white paper. You may wish to cover in plastic or other protective item.

Title	Category	Length	Date Completed
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Heritage Arts

Print the title, category (quilt, needlework, etc.) size, method of display and date completed.

Title	Category	Size	Display Method	Date Completed
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Performing Arts

Please note that each member of a group must complete a separate registration form and pay the registration fee. A PA system is available. All other equipment is your responsibility. Only one Performing Arts group goes to State Finals.

Name of group & description of performance: _____

Contact person: _____ Phone: _____

How long will your performance be? _____ (State Finals On-Stage Time Limit: 3 Minutes)

Number of members in the group: _____

What equipment will you be bringing? _____

All Chatham County Senior Games are eligible for State Finals.

Senior Games Registration Fees:

\$15 Early Bird Registration (non-refundable) March 3 – 17, 2023 \$ _____
(Includes an Official Chatham County Senior Games T-Shirt!)

\$20 Registration (non-refundable), March 18 – March 31, 2023 \$ _____
(Includes an Official Chatham County Senior Games T-Shirt!)

Become a “Friend of the Senior Games” for \$25.00 \$ _____

\$25 Senior Games Donation in Honor or Memory of: _____ \$ _____

Total Amount Enclosed *(Checks payable to Council on Aging)* \$ _____

Liability Waiver

Must Be Signed By ALL Participants!

In consideration of being allowed to participate in any way in the 2023 Chatham County Senior Games athletics/sports program and SilverArts program the undersigned:

1. Agrees that prior to participating, I will inspect the facilities and equipment to be used, and if I believe anything is unsafe, I will advise my coach or supervisor of such condition(s) and refuse to participate.
2. Assumes all risks and accepts responsibility for damages following any injury, permanent disability or death.
3. Releases, waives, and discharges the Chatham County Council on Aging, its affiliated clubs, their respective administrators, directors, agents, coaches, and other employees of the organization, other participants, sponsors, advertisers, and if applicable, owner(s)/lesser(s) of premises used to conduct the event, from any and all liability to the undersigned, his or her heirs and next of kin for any and all claims caused in whole or in part by the negligence of the release or otherwise.
4. Hereby grants the UNC Hospital and/or other licensed medical facility permission to provide treatment as deemed necessary for my well-being.
5. Agrees that the Event Manager has the authority to disqualify me if he/she believes I am not conducting myself in a sportsman-like manner or am not abiding by the rules.
6. Grants the Chatham County Council on Aging permission to use any pictures taken of me during these events for promotional purposes only.

I understand that it is my responsibility to check with my Local Senior Games Coordinator immediately following my Local Senior Games to determine if I qualified for State Finals and to get a State Finals Entry Packet. My State Finals Entry Form with payment and all required items must be received in the NCSG office in Raleigh by 11:59 pm on August 1! I understand that this deadline is strictly enforced in fairness to all and it is my responsibility to make sure I am registered.

THE UNDERSIGNED HAS READ THE ABOVE WAIVER AND RELEASE UNDERSTANDING THAT HE/SHE HAS GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAS SIGNED IT VOLUNTARILY.

PRINTED NAME

SIGNATURE

DATE

Open Ceremonies

**Friday, April 28, 2023 – 10 a.m. – 12 p.m.
Pittsboro Senior Center**

***Pack up your packet and tee shirt
Join us for a free lunch with motivational speakers.***

Check here if you plan to attend Open Ceremony

Mail This Page

2023 Chatham County Senior Games & SilverArts Events

Event Schedule April/May 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April 17	18 Archery 2 p.m., Cates Cree Park, Hillsborough	19	20	21	22
April 24 Visual & Heritage Art Intake 10 a.m.-12 p.m. Pittsboro and Siler City Senior Centers	25	26	27	28 Opening Ceremony and Tee Shirt and Packet Pick up Pittsboro Senior Center 10 a.m. – 12 p.m. Pittsboro	29 Track/Field 8 a.m. Seaforth High School
May 1 Golf 9 a.m., Siler City Country Club Basketball Shoot 9-11:30 a.m., Paul Braxton Gym, Siler City Cornhole 10 a.m. Paul Braxton Gym, Siler City	2 SilverArts Open House/Reception 10:30 a.m., Siler City Senior Center Swimming 2 p.m., Duke Center for Living at Farrington, Pittsboro Tennis 4 p.m., Women's Singles/Men's Doubles Carolina Preserve, Cary	3 Cycling 9:30 a.m. 1 Mile 10 am 5K 11:30 a.m. 10K Union Grove Church, Hillsborough Tennis 4 p.m., Men's Singles/Women's Doubles Carolina Preserve, Cary	4 Bocce 9 a.m., Women's, Pittsboro Senior Ctr. Horseshoes 10 a.m., Pittsboro Senior Ctr. Football/Softball Throw 11 a.m. CCCC, Pittsboro Fun Walk 11 a.m., Pittsboro Senior Ctr. Tennis 4 p.m., Mixed Doubles Carolina Preserve, Cary	5 Disc Golf 9 a.m., CCCC Bowling 2 p.m., Buffaloe Lanes, Cary	6
May 8 Croquet 9 a.m., Carolina Meadows Croquet Court, Chapel Hill	9 Pickleball 9 a.m., Men's/Women's Singles, Men's/Women's Doubles Paddles Swim & Pickleball Club, Pittsboro Table Tennis 2p.m., Carolina Meadows, Chapel Hill	10 Pickleball 9 a.m., Men's/Women's Mixed Doubles Paddles Swim & Pickleball Club, Pittsboro	11 Bocce 9 a.m., Men's, Carolina Meadows Bocce Courts, Chapel Hill Visual & Heritage Arts Pick up 10 a.m. – 12 p.m. Pittsboro and Siler City Senior Centers	12 Visual & Heritage Arts Pick up 10 a.m. – 12 p.m. Pittsboro and Siler City Senior Centers	13

Event Manager Contacts

SilverArts: Marijane Whiteman, 919-542-5645
Kathryn Walters, 919-742-3975
Track/Field, Cycling: Liz Lahti, 919-542-4512
Football Throw: Ed Martinez: 770-652-3258
Golf: Kay Reyna, 336-212-1878
Basketball Shoot, Cornhole, Phillip Richard, 919-545-8143
Archery, Croquet, Disc Golf: Mallory Peterson, 919-642-7086

Bocce, Softball Throw: Olivia Hayden, 919-742- 3975
Swimming: Patricia Cadle, 919-545-4469
Tennis: Jimmy Lewis, 919-545-4515
Horseshoes: Bill Alston, 919-742-1484
Bowling, Fun Walk: Jackie Green, 919-542-4512
Pickleball: Sandro Francioni, 630-788-7632
Table Tennis: Mike Flanary, 919-909-6646

Chatham County Senior Games & Silver Arts Competition

Friday, April 28 -
Friday, May 12, 2023

Event Location Addresses:

- **Buffaloe Lanes**, 151 High House Rd., Cary
- **Carolina Meadows**, 100 Carolina Meadows, Chapel Hill (FYI-GPS does not always give accurate directions-we will send directions with reminder email)
- **Carolina Meadows Croquet Court**, 220 Appletree Lane, Chapel Hill
- **Carolina Preserve Tennis Courts**, 310 Allforth Place, Cary
- **Cates Cree Park**, 1445 Cates Creek Pkwy, Hillsborough
- **Central Carolina Community College**, 764 West St. Pittsboro
- **Paddles Swim & Pickleball Club**, 500 Vine Pkwy, Pittsboro
- **Duke Center for Living at Fearington**, 100 Clynelish Close, Pittsboro
- **Paul Braxton Gym**, 115 S 3rd Ave, Siler City
- **Pittsboro Senior Center**, 365 NC Hwy 87 N, Pittsboro
- **Seaforth High School**, 444 Seaforth Rd, Pittsboro
- **Siler City Senior Center**, 112 Village Lake Rd, Siler City
- **Siler City Country Club**, 150 Country Club Dr., Siler City
- **Union Grove Church**, 6407 Union Grove Church Rd., Hillsborough

The Chatham County Senior Games
Chatham County Council on Aging
PO Box 715
Pittsboro, NC 27312
Eastern Chatham (919) 542-4512
Western Chatham (919) 742-3975