

## **Notes for Friday Conference Call, August 28, 2020**

*Status: 1452 [up from 1380] cases in Chatham; 56 deaths [up from 55]* [You can get the most recent figures at <https://covid19.ncdhhs.gov/dashboard>]

Good morning, I hope all is well with you. It was great seeing some of you on Wednesday at our Volunteer Appreciation Drive-through at the Ag Center. Today is our 24<sup>th</sup> consecutive Friday morning call. If I do my match correctly, that's about equal to 6 months.

While I normally pause with silence to honor our frontline heroes helping protect and otherwise serve us during this COVID-19 pandemic—which also serves as a time for you to grab a pen and paper in case you want to take any notes during the call—this morning I want to do something different.

Sadly, we learned this week of the passing of two individuals near to our heart. Rev. William Harrington passed on August 16<sup>th</sup>. He was one of our Chatham Transit drivers. Another member of our COA participant family, Daniel Hadley. Daniel was such a gentle soul and an amazing composer and pianist. Many of you will recall Daniel playing at our centers and competing in SilverArts. In fact, Daniel competed this year on one of our Friday morning calls. Let me play this for you now—you will hear Daniel's voice and musical composition:

[https://youtu.be/aQO7g0Xz\\_ec](https://youtu.be/aQO7g0Xz_ec)

We will miss you Daniel.

On an upbeat note—Virginia Waldeck turns 98 today—she recently told Wynne of our staff how much she enjoys the juice and little containers of apple sauce we have provided. [Thanks to Bill Whitman for remembering Virginia's birthday.]

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This morning, I had asked Mike Zelek, Chatham's Interim Public Health Director, to rejoin you us for an update on the COVID-19 pandemic. Mike is actually now on family leave as he and his wife are eagerly awaiting the birth of their first child.

In Mike's place, though, I happy to introduce you to another good friend of our Council, Anne Lowery. She, too, has been in the trenches helping lead us in Chatham County through this pandemic. Anne is the Environmental Health Director for Chatham.

Comments of Dennis Streets, Chatham CCCOA Director

**Yes, We Are Still Working for Chatham Seniors and Their Families and Yes We Still Very Much Miss You.**

I've asked Anne to give us an update and talk some about her work on behalf of the community.

Thanks so much Anne. Our other special guests are Gene and Marian Goldston who will again bless us with their music at the end of today's call.

Now let's hear from Jackie and Liz with news about any upcoming activities. I am sure they is a lot to share as we start a new Month—September is actually Senior Center Month.

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My trivia questions today focus on us seniors and Senior Centers.

**True** or False: Senior citizens are the fastest growing demographic group on Facebook. Recent studies show that more than half of all U.S. seniors are active online, and more than one-third are on Facebook and other social media websites.

**True** or False: Those aged 85 and up are the fastest growing age group in the country.

By 2050, how many "centenarians" do we expect to have in the United States:

100,000

1 million

600,000

250,000

Comments of Dennis Streets, Chatham CCCOA Director

**Yes, We Are Still Working for Chatham Seniors and Their Families and Yes We Still Very Much Miss You.**

How many senior centers are there across the U.S.?

more than 11,400

more than 25,000

about 15,000

about 5,000

When did our Pittsboro Center open?

1992

1996

2002

1985

How about our Western Center in Siler City?

1996

1998

2002

2006

**True** or False: nearly half of all **seniors** volunteer in some capacity.

As usual, we'll do a couple of trivia facts about today's date in history: **August 28<sup>th</sup>**

**1830** 1st American built locomotive, "Tom Thumb" races a horse-drawn car from Baltimore to Ellicott Mills. Let history record that due to mechanical problems the horse won!

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**1845** Scientific American magazine publishes its first issue

1963: Martin Luther King Jr. delivered his "I Have a Dream" speech in front of the Lincoln Memorial in Washington, D.C. More than 200,000 people gathered to hear these words " I have a dream that my four children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character."

<https://www.youtube.com/watch?v=vP4iY1TtS3s>

**1939** Journalist Care Hollingworth observes the "large numbers of troops, literally hundreds of tanks, armored cars and field guns" Germany had aligned along the Polish border. Three days later, Hitler invades Poland and WWII begins.

**1965** **Bob Dylan** booed for playing electric guitar at a concert in New York's Forest Hills

In 1968, police and anti-war demonstrators clashed in the streets of Chicago as the Democratic National Convention nominated Hubert Humphrey.

**1973** "Let's Get It On" 13th studio album by **Marvin Gaye** is released and "Let's Get It On" single released by **Marvin Gaye** (Billboard Song of the Year 1973).

<https://www.youtube.com/watch?v=x6QZn9xiuOE>

**1977** **Nolan Ryan** strikes out 300 batters for 5th straight year

**2012** **Mitt Romney** is officially nominated as the United States Republican Party's candidate

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As we always share, the Council is still working hard for you. You can call the Pittsboro or Western Center if you need assistance with food, supplies, assistive equipment, or just want a friendly call. We also have a supply of **box fans**. You know our numbers: at the Pittsboro Center, 919-542-4512, or the Western Center in Siler City at 919-742-3975.

In addition, let me remind you of a few more:

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"The Hope Line," run by the NC Baptist Aging Ministry, call: 866-578-4673

"The Friendship Line," 800-971-0016.

Dementia Alliance: 919-832-3732

For those of us who may be experiencing emotional or mental health distress, you can call 855.587.3463 for support 24 hours a day, 7 days a week. It is called the **Hope4NC Helpline**. You can also call the **Cardinal Innovations Help-line** at \*\*275.

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Also let me remind you of a few other items:

### Medical rides

We are still working through Chatham Transit to schedule essential medical rides. Again, before you call us though, contact your medical provider to be sure they still want you to come to their office. If they do and you need a Chatham Transit ride, you can schedule through Sigi Markworth by calling 919-542-4512, ext. 222. Sigi tells me requests for rides are picking up.

Again, Chatham Transit is now requiring riders to:

1. wear a face covering (a mask, or anything covering your mouth and nose, i.e., a bandana)
2. let Chatham Transit or us know if your healthcare provider requires you to wait in the car/van before entering for your appointment.

### SHIIP

All NC SHIIP/Medicare related calls are still being handled by the State SHIIP Office through their toll free line at 1-855-408-1212.

### Census

**Don't forget to participate in the Census. This is very important. Call 844-330-2020! You may have heard that now all offices are scheduled to complete their work by September 30, 2020. If you have not yet participated or**

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**know of folks who have not – please promote the idea that every needs to participate—everyone needs to be counted!**

Remember to wash your hands often –try not to touch your face; keep your distance from others; sanitize contact surfaces (especially if someone has entered your house). And a few more things: Stay hydrated—drink lots of water, especially as we reach warmer summer temperatures. Get plenty of sleep.

**3Ws= Wear ... Wait ... Wash**

Does anyone have any questions or comments? If you want to say something, just state your name first. Please try not to speak over someone who is already talking.

Thanks for sharing.

Now, let's all enjoy the musical talent of Gene and Marian Goldston.

Take good care this coming week.